



For Immediate Release

18 September 2015

1pm plc

("1pm", the "Group" or the "Company")

Director/PDMR Shareholding

1pm, the AIM quoted independent provider of finance to the SME sector, has today been informed that as at 16 September 2015 Ron Russell, non-executive director, has an aggregate holding of shares in the Company of 9,581,834 shares representing 18.24% of the Company's issued share capital. UK Private Healthcare Limited, a company of which Mr Russell is a director and with which he is connected by virtue of a 25 per cent. shareholding, has an interest in 1,122,949 shares in the Company.

For further information, please contact:

1pm plc	www.1pm.co.uk
Ian Smith, Chairman	01225 474230
Maria Lewis, Managing Director	01225 474230
WH Ireland (NOMAD)	www.wh-ireland.co.uk
Mike Coe, Ed Allsopp	0117 945 3470
Walbrook Financial PR	0117 985 8989
Paul Vann	07768 807631
	paul.vann@walbrookpr.com

About 1pm:

The Company was admitted to AIM in August 2006.

1pm plc is an established independent finance company focused on providing SMEs with accessible funding to add value to their businesses. All customers must have good credit histories and proven ability to repay their finance commitments.

1pm currently provides asset finance from £1,000 to £50,000 for a period of between 12 and 60 months and £1,000 to £50,000 for business loans (repaid over 3-60 months).

Mission Statement – 'Helping the UK economy grow by providing finance to businesses'

You can find more information on the Company website www.1pm.co.uk